Ephesians

LOOKING UP!

By Matt Huddleston

phesians 5 is sometimes used to bash believers or control a spouse. The main point, however, reminds us to follow Christ's example of love. This couple is following! Becky and Roger Zerbe had a habit of writing notes to one another. One morning, Roger, who suffered from early-onset Alzheimer's disease, journaled this to his wife after a particularly troubling bout of forgetfulness.

Honey,

Today fear is taking over. The day is coming when all my memories of this life we share will be gone. You and the boys will be gone from me. I will lose you even as I am surrounded by you and your love. I don't want to leave you. I want to grow old in the warmth of memories. Forgive me for leaving so slowly and painfully.

Blinking back tears, Becky wrote:

My sweet husband,

I will continue to go on loving you and caring for you — not because you know me or remember our life, but because I remember you. I will remember the man who proposed to me and told me he loved me, the look on his face when his children were born, the father he was, the way he loved our extended family. I'll recall his love for riding, hiking, and reading; his tears at sentimental movies; the unexpected witty remarks; and how he held my hand while he prayed. I cherish the pleasure, obligation, commitment, and opportunity to care for you because I remember you!

SERMON NOTES Submitting to Each Other

August 8

Ephesians "bonds of peace"

Chp. 1 - When _____ Chp. 2 - are Chp. 3 - In Chp. 4 - in Chp. 5 - _____ to _____ Chp. 6 - We will **Ephesians 5:1-2** example You are ٠ Christ Walk \Diamond \Diamond \diamond AUG. 15, 2021 Ерн. 6:21 **AND STANDING TOGETHER** Next Week: MATT HUDDLESTON

PERSONAL STUDY

It is rewarding to invest time each day in God's Word.

Mo Ephesians 5:1-2

How do you smell? How do you smell to God? The kids smell the cookies, the cop smells the liquor, the boss smells the hard-working employee. God knows who you are. Be truthful with him today.

Tu 2 Corinthians 2:14-17

How do you smell to others? Remember that kid in High School who smelled bad for two reasons; funky sweat and too much body spray! If you're fake with your faith walk, your friends will notice.

We Ephesians 5:4

David wrote, "May the words of my mouth and the meditation of my heart, be pleasing in your sight, my Lord and my Redeemer." Ask a friend to evaluate your words. Are you obscene, thoughtless, or wise?

Th Ephesians 5:19

Many spend too much time debating the term "sing" and rarely practicing sharing verses with one another. Quiet your mind until one verse comes to your mind. Now who will you share that with today?

Fr Ephesians 5:21

The world does not like the words give or submit. Submitting is giving with purpose and intent. God gave. Jesus submitted and gave. We give ourselves to God. Who do you need to submit to purposefully?

Sa Ephesians 5:31-32

Did you leave your parents for a spouse? Did you leave the world when you decided to follow Christ? Celebrate the new life and lifestyle you have in Christ. Thank him for the benefits and blessings.

Study & Discuss

- Read Ephesians 5.
 - This chapter turns from the lofty ideals of belief, grace, being a child of God, etc., and turns our attention toward our actions. As you read about both the positives of loving one another and the destruction of a selfish, sinful lifestyle, what examples come to mind?
- The word "submit" carries many positive and negative connotations? Discuss both sides of our modern usage of this word.
- How is your willingness to submit to others a by-product of your reverence to Christ?
- What does it mean to be "filled with the Spirit"?
 - Is this active or passive? Is it something we pursue or something that happens to us?
- Is it possible to give thanks for everything? Even the heartaches and tragedies?
- In verse 25, Paul instructs husbands to love their wives as Christ loved the church. How has Christ shown his love for the church?
 - Other than laying down your life for your spouse, what is one way you can demonstrate Christ's love in your marriage or home?
- If it is true that "love is the symbol by which the world will recognize the disciples of Christ," does our example in the home magnify or diminish this truth?